









Amounts in ml/10 litre 1/2 tsp = 2.5 ml 1 teaspoon = 5 ml 1 tablespoon = 15 ml 1 ounce = 30 ml 1 gallon = 3.8 litres KIND Expert Recipe

Stage of Growth	Seedlings / Clones	Vegetative			Blooms Transition			ı	Ripening			
Number of Weeks	Week 1	Week 1	Week 2	Week 3	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
KIND Base	10 ml	15 ml	20 ml	20 ml	30 ml	30 ml	30 ml	30 ml	30 ml	25 ml	25 ml	15 ml
KIND Grow	10 ml	20 ml	25 ml	30 ml	0	0	0	0	0	0	0	0
KIND Bloom	10 ml	0	0	0	25 ml	25 ml	40 ml	30 ml	30 ml	40 ml	40 ml	25 ml
Rhizo Blast	5 ml	5 ml	5 ml	5 ml	5 ml	5 ml	5 ml	0	0	0	0	0
Pure Blend Tea	2.5 ml	5 ml	7.5 ml	7.5 ml	12.5 ml	12.5 ml	12.5 ml	12.5 ml	12.5 ml	12.5 ml	12.5 ml	12 . 5 ml
Silica Blast	10 ml	10 ml	10 ml	10 ml	10 ml	10 ml	10 ml	10 ml	10 ml	10 ml	10 ml	10 ml
Hydroguard	5 ml	5 ml	5 ml	5 ml	5 ml	5 ml	5 ml	5 ml	5 ml	5 ml	5 ml	5 ml

FEEDSHEET TIPS

- 1. When mixing Kind nutrients, add Kind Base first, then add Kind Grow or Bloom and additives. Rinse measuring cups between doses to prevent contamination.
- 2. In warmer environments, plants will lose more water through transpiration. Applying a more dilute nutrient solution when temperatures are warmer will prevent over-fertilisation.
- 3. If growing in coconut coir-based media or if using reverse osmosis water, add 7.5 12.5 ml/10 litre of Botanicare Cal-Mag Plus to the nutrient solution recipe.
- 4. Maintain a nutrient solution pH range between 5.5-6.5 using pH Up or pH Down.
- **5.** The optimal temperature range of the nutrient solution is 20°C 24°C.
- 6. Use nutrient solution immediately after mixing or keep solution circulating to prevent settling.
- 7. If using a recirculating system, maintain water level in reservoir by adding fresh water and nutrients as needed. Change solution every week.
- 8. If using a drain to waste system, allow 10-20% runoff to decrease potential for salt buildup. If no runoff is planned, reduce the PPM/EC to prevent potential salt buildup.
- 9. Additional Botanicare supplements have been scientifically formulated to meet plant needs during important phases of growth and development. Use Hydroguard for maximum root protection, Vitamino to enhance plant tissue development and maintain microbial-root health, and Clearex to break ionic bonds in the grow media while flushing or in the case of over fertilisation.

Visit botanicare.com for additional pre-developed recipes and recommendations. Application amounts will vary based on plant types and needs.

















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